

***Cressida A. Forester, Psy. D.***

*Licensed Psychologist, Psy 18902*

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**CONSENT TO USE VIDEO-THERAPY**

Due to Covid-19, I am making video-therapy available for your appointments. The following provisos apply 1) video therapy will be used indefinitely until it is safe to return to in-person meetings. 2) the platform we'll use is SecureVideo, which uses the Zoom app. You'll need to download Zoom which is a free app. 3) SecureVideo is Hipaa compliant and utilizes strong encryptions to safeguard your privacy, beyond those that Zoom also uses. However, it is very important that you are aware that video therapy is not as secure/confidential as in-person therapy, and so can compromise the privacy and confidentiality of your session. 4) Each week I will send you an email link for your sessions. 5) If during a video session technical problems interfere, we may switch to phone for the remainder of that session. 6) No recordings are to be made of any video or phone sessions. 7) Please notify Cressida Forester, Psy.D. if you decide to limit or end the use of video-therapy.

If you agree to video therapy as above, it will be assumed that you have evaluated the risks and made an informed decision, Cressida Forester, Psy.D. will view it as your agreement to take the risk that such communication may be intercepted, and your desire to proceed with video-therapy will be honoured.

Patient's Name: (Print) \_\_\_\_\_ Date \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Cell # \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

***Psychotherapy & Consultation***

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